

The Unhealed Healer

²⁰ The ego's plan for forgiveness is far more widely used than God's. This is because it is undertaken by unhealed healers, and IS therefore of the ego. Let us consider the unhealed healer more carefully now. By definition, he is trying to GIVE what he has NOT received. If he is a theologian, he may begin with the premise, "I am a miserable sinner, and so are you." If he is a psychotherapist, he is more likely to start with the equally incredible idea that HE really believes in attack, and so does the patient, but it does not matter in EITHER case.

²¹ We have repeatedly stated that beliefs of the ego CANNOT be shared, and THIS IS WHY THEY ARE NOT REAL. How, then, can UNCOVERING them MAKE them real? Every healer who searches fantasies for truth MUST be unhealed, because he DOES NOT KNOW WHERE TO LOOK FOR TRUTH, and therefore does not have the answer to the problem of healing. There IS an advantage to bringing nightmares into awareness, but ONLY to teach that they are NOT real, and that ANYTHING they contain is meaningless. The unhealed healer cannot DO this, because he does not BELIEVE it.

²² All unhealed healers follow the ego's plan for forgiveness, in one form or another. If they are theologians, they are likely to condemn THEMSELVES, TEACH condemnation, and advocate a very fearful solution. Projecting condemnation onto God, they make Him retaliative, and FEAR HIS RETRIBUTION. What they have done is merely to IDENTIFY with the ego, and by perceiving clearly what IT does, condemn THEMSELVES because of this profound confusion. It is understandable that there has been a revolt against this concept, but to revolt AGAINST it, is still to BELIEVE in it. The FORM of the revolt, then, is different, but NOT the content.

²³ The new form of the ego's plan is an unhelpful as the older one, because form does not matter to the Holy Spirit, and therefore DOES NOT MATTER AT ALL. According to the newer forms of the plan, the therapist interprets the ego's symbols IN the nightmare, and uses them to PROVE THE NIGHTMARE IS REAL. Having MADE it real, he then attempts to dispel its EFFECTS by DEPRECIATING THE IMPORTANCE OF THE DREAMER. This WOULD be a healing approach, IF THE DREAMER were properly identified AS UNREAL. But if the dreamer is equated WITH the mind, the mind's corrective power, through the Holy Spirit, is DENIED.

²⁴ It is noteworthy that this is a contradiction even in the ego's own terms, and one which it usually DOES note, even in its confusion. If the way to counteract fear is to reduce the importance of the FEARER, how can this build up ego STRENGTH? These perfectly self-evident inconsistencies account for why, except for certain stylized verbal accounts, NOBODY can EXPLAIN what happens in psychotherapy. Nothing real DOES. Nothing real has happened to the unhealed healer, and HE LEARNS FROM HIS OWN TEACHING.

²⁵ BECAUSE his ego is involved, it ALWAYS attempts to gain some support from the situation. Seeking to GET something for HIMSELF, the healer does NOT

know how to give, and consequently CANNOT SHARE. He CANNOT correct, because he is not working CORRECTIVELY. He believes that it is up to him to teach the patient what is REAL, but he does not know it HIMSELF. What, then, SHOULD happen? When God said: "Let there be Light," there WAS light. Can you find light by ANALYZING darkness as the psychotherapist does, or like the theologian, by ACKNOWLEDGING it in yourself, and looking for a distant light to remove it, while emphasizing the distance?

²⁶ Healing is NOT mysterious. Nothing occurs UNLESS you understand it, since light IS understanding. A "miserable sinner" cannot be healed without magic, nor can an "unimportant mind" esteem itself without magic. Both forms of the ego's approach, then, MUST arrive at an impasse, the characteristic "impossible situation" to which the ego ALWAYS leads. It CAN be helpful to point out to a patient WHERE HE IS HEADING, but the point is LOST unless he can change his direction. The therapist cannot do this for him, but he also CANNOT DO THIS FOR HIMSELF.

²⁷ His only MEANINGFUL contribution is to present an example of one whose direction has been changed FOR him, and who NO LONGER BELIEVES IN NIGHTMARES OF ANY KIND. The light in HIS mind will therefore ANSWER the questioner, who MUST decide with God that there IS light BECAUSE HE SEES IT. And by HIS acknowledgment, THE THERAPIST KNOWS IT IS THERE. That is how perception ultimately is translated into knowledge. The miracle-worker begins by PERCEIVING light, and translates HIS perception into sureness by continually extending it, and ACCEPTING ITS ACKNOWLEDGMENT. Its EFFECTS assure him IT IS THERE.

²⁸ The therapist does not heal; he LETS HEALING BE. HE can point to darkness, but he CANNOT bring light OF HIMSELF, for light is NOT of him. But being FOR him, it MUST be for his patient. The Holy Spirit is the ONLY therapist. He makes healing PERFECTLY clear in ANY situation in which He is the Guide. The human therapist can only LET HIM FULFILL HIS FUNCTION. He needs no help for this. He WILL tell you EXACTLY what to do, to help ANYONE He sends to you FOR help, and will speak to him through you, IF YOU DO NOT INTERFERE. Remember that you ARE choosing a guide for helping, and the wrong choice will NOT help. But remember also that THE RIGHT ONE WILL. Trust Him, for help is His function, and He is of God.

²⁹ As you awaken other minds TO Him through HIM, and not yourself, you will understand that you are not obeying the laws of this world, but that the laws you ARE obeying WORK. "The good is what works" is a sound though insufficient statement. ONLY the good CAN work. Nothing else works at all. This course is a guide to behavior. Being a very direct and very simple learning situation, it provides the guide who tells you what to do. If you do it, you will SEE that it works. Its RESULTS are more convincing than its words. THEY will convince you that the words are true.

By following the right Guide, you will learn the simplest of all lessons:

³⁰ *"By their fruits ye shall know them, and THEY shall know THEMSELVES."*