

## To Have Peace, Teach Peace to Learn It

You, Helen, HAD taken this step, and because you believed in it, you taught it to Bill, who still believed in the solution of sleep. You were not consistent in teaching it, but you did so often enough to enable him to learn it. Once HE learned it, he could teach YOU how to become more consistently awake, and thus begin to waken HIMSELF. This placed him, too, in command of the journey. His recognition of the direction it must take was perfectly stated when he INSISTED ON COLLABORATION.

You, Helen, had taken a giant step INTO conflict, but Bill turned you both forwards TOWARD THE WAY OUT. The more he teaches this, the more he will learn it.

(April 3, 1966)

<sup>70</sup> All the separated ones have a basic fear of retaliation and abandonment. This is because they BELIEVE in attack and rejection, so this is what they perceive and teach and LEARN. These insane concepts are clearly the result of their own dissociation and projection. What you teach you are, but it is quite apparent that you can teach wrongly, and therefore TEACH YOURSELVES WRONG. Many thought that I was attacking them, even though it is quite apparent that I was NOT. An insane learner learns strange lessons.

<sup>71</sup> What you must understand is that, when you do not SHARE a thought system, you ARE weakening it. Those who BELIEVE in it therefore perceive this as an ATTACK ON THEM. This is because everyone identifies himself WITH his thought system, and EVERY thought system centers on WHAT YOU BELIEVE YOU ARE. If the center of the thought system is TRUE, only truth extends outward from it. But if a lie is at its center, only DECEPTION proceeds from it. All good teachers realize that only fundamental change will last. But they do NOT begin at that level. Strengthening MOTIVATION for change is their first and foremost goal. It is also their last and final one.

<sup>72</sup> Increasing motivation for change IN THE LEARNER is all that a teacher NEED do to GUARANTEE change. This is because a change in motivation IS a change of mind, and this will INEVITABLY produce fundamental change BECAUSE the mind IS fundamental. The first step in the reversal or undoing process, then, is the UNDOING of the getting concept. Accordingly, the Holy Spirit's first lesson was: To HAVE, GIVE all TO all. We said that this is apt to INCREASE conflict temporarily, and we can clarify this further now.

<sup>73</sup> At this point, the equality of having and being is not yet perceived. Until it IS, having still appears to be the OPPOSITE of being. Therefore, the first lesson SEEMS to contain a contradiction because it is BEING LEARNED BY A CONFLICTED MIND. This MEANS conflicting motivation, and so the lesson CANNOT be learned consistently as yet. Further, the mind of the learner projects its own split, and therefore does NOT perceive consistent minds in others, making him suspicious of THEIR motivations. This is the real reason why in many respects the first lesson is the hardest to learn. Still strongly aware of the ego in himself, and responding primarily TO the ego in others, he is being taught to react to BOTH as if what he DOES believe IS NOT TRUE.

<sup>74</sup> Upside down as always, the ego perceives the first lesson as insane. In fact, this is its only alternative here, because the other one, which would be much LESS acceptable, would obviously be that IT is insane. The ego's judgment, then, is predetermined by what it IS, though not more so than is any other product of thought. The fundamental change will still occur with the change of mind IN THE THINKER. Meanwhile, the increasing clarity of the Holy Spirit's voice makes it impossible for the learner NOT TO LISTEN. For a time, then, he IS receiving conflicting messages AND ACCEPTING BOTH. This is the classic "double bind" in communication, which you wrote about yourselves quite recently, and with good examples too. It is interesting that Helen claimed at the time that she had never heard of it and did not understand it. You might remember our brother's insistence on its inclusion. Helen thought he had become irrational on this point, but it was quite strongly reinforced in HIS mind, and so he wanted to teach it in his text. This, of course, was a very good way for YOU to learn it.

<sup>75</sup> The way out of conflict between two opposing thought systems is clearly TO CHOOSE ONE AND RELINQUISH THE OTHER. If you identify WITH your thought system, and you cannot escape this, and if you accept two thought systems which are in COMPLETE DIS-agreement, peace of mind IS impossible. If you TEACH both, which you will surely do as long as you ACCEPT both, you are teaching conflict and LEARNING it. But you DO want peace, or you would not have called upon the voice for Peace to help you. His LESSON is not insane, but the CONFLICT IS.

<sup>76</sup> There can BE no conflict between sanity and insanity, because only one is true, and therefore only ONE is REAL. The ego tries to persuade you that it is up to YOU to decide which voice is true. But the Holy Spirit teaches you that truth was created by God, and YOUR decision CANNOT change it. As you begin to realize the quiet power of His Voice AND ITS PERFECT CONSISTENCY, it MUST dawn on your minds that you are trying to undo a decision which was made irrevocably FOR you. That is why we suggested before that there was help in reminding yourselves to allow the Holy Spirit to decide for God for YOU.

<sup>77</sup> You are NOT asked to make insane decisions, although you are free to THINK you are. But it MUST be insane to believe IT IS UP TO YOU to decide what God's Creations ARE. The Holy Spirit perceives the conflict EXACTLY AS IT IS. Therefore, His second lesson is:

*<sup>78</sup> To HAVE peace, TEACH peace to LEARN it.*

<sup>79</sup> This is still a preliminary step, because having and being are still not equated, but it is more advanced than the first step, which is really only a thought REVERSAL. The second step is a positive affirmation of WHAT YOU WANT. This, then, IS a step in the direction OUT of conflict, because it means that alternatives have BEEN considered, and ONE has been chosen as MORE DESIRABLE.

<sup>80</sup> But the evaluation "more desirable" still implies that the desirable has degrees. Therefore, although this step is essential for the ultimate decision, it is clearly not the final one. It should be clear that the recognition of the lack of order in miracles has not yet been accepted, because NOTHING is difficult that is WHOLLY DESIRED. To desire wholly is to CREATE, and creating CANNOT be difficult if God

Himself created you AS a creator. The second step, then, is still perceptual but it is nevertheless a giant step toward the unified perception that parallels God's knowing.

<sup>81</sup> As you take this step and HOLD THIS DIRECTION, you will be pushing toward the center of your thought system, where the FUNDAMENTAL change will occur. You are only BEGINNING this step now, but you have started on this way by realizing that ONLY ONE WAY IS POSSIBLE. You do not yet realize this consistently, and so your progress is intermittent. But the second step is easier than the first, because it FOLLOWS. The very fact that you have accepted THAT is a demonstration of your growing awareness that the Holy Spirit WILL lead you on.