

True Rehabilitation

¹⁰³ Properly speaking, every mind which is split needs rehabilitation. The medical orientation emphasizes the body, and the vocational orientation stresses the ego. The team approach generally leads more to confusion than anything else, because it is too often misused as an expedient for sharing the ego's dominion with other egos rather than as a real experiment in cooperation of minds. The reason why Bill needs this experience is because he needs rehabilitating himself. How often have I answered "help him" when you asked me to help you? He, too, has asked for help, and he has been helped whenever he was truly helpful to you. He has also gained to whatever extent he could give. He will help YOU more truly by going, if he can remember all the time he is there that his ONLY reason for being there is to REPRESENT ME. Rehabilitation, as a movement, has been an improvement over overt neglect, but it is often little more than a painful attempt on the part of the halt (lame?) to lead the blind. Bill, you will see this at every meeting. But this is not why you were chosen to go.

¹⁰⁴ You have a fear of broken bodies, because your ego cannot tolerate them. Your ego cannot tolerate ego-weakness, either, without ambivalence, because it is afraid of its own weakness and the weakness of its chosen home. That is really why you recoil from the demands of the dependent, and from the sight of a broken body. Your ego is threatened, and blocks your natural impulse to help, placing you under the strain of divided will. You withdraw to allow your ego to recover, and to regain enough strength to be helpful again on a basis limited enough NOT to threaten your ego, but also too limited to give YOU joy. Those with broken bodies are often looked down on by the ego, because of its belief that nothing but a perfect body is worthy as its OWN temple.

¹⁰⁵ A mind that recoils from a hurt body is in great need of rehabilitation itself. A damaged brain is also hardly a danger. ALL symptoms of hurt need true helpfulness, and whenever they are met with this, the mind that so meets them heals ITSELF. Rehabilitation is an attitude of praising God as He Himself knows praise. He offers praise to you, and you must offer it to others. The real limitations on clinical psychology, as it is evaluated by its followers at present, are not reflected by the attitudes of psychiatrists, or medical boards, or hospital administrators, even though most of them are sadly in need of rehabilitation themselves. The real handicaps of the clinicians lie in their attitudes to those whom their egos perceive as weakened and damaged. By these evaluations, they have weakened and damaged their own helpfulness, and have thus set their own rehabilitation back. Rehabilitation is NOT concerned with the ego's fight for control, nor the ego's need to avoid and withdraw. Bill, you can do much on behalf of your own rehabilitation AND Helen's, and much more universally as well, if you think of the Princeton meetings in this way:

¹⁰⁶ *I am here ONLY to be truly helpful.*

I am here to represent Christ, who sent me.

*I do not have to worry about what to say or what to do,
because the one who sent me will direct me.*

I am content to be wherever He wishes, knowing he goes there with me.

I will be healed as I let him teach me to heal.