

## A Course in Miracles - Lesson 56

1. Our review for today covers the following:

***(26) My attack thoughts are attacking my invulnerability.***

2. How can I know who I am when I see myself as under constant attack? Pain, illness, loss, age, and death seem to threaten me. All my hopes and wishes and plans appear to be at the mercy of the world I cannot control. Yet perfect security and complete fulfilment are my inheritance. I have tried to give my inheritance away in exchange for the world I see, but God has kept my inheritance safe for me. My own real thoughts will teach me what it is.

***(27) Above all else I want to see.***

3. Recognising that what I see reflects what I think I am, I realise that vision is my greatest need. The world I see attests to the fearful nature of the self-image I have made. If I would remember who I am, it is essential that I let this image of myself go. As it is replaced by truth, vision will surely be given me. And with this vision, I will look upon the world and upon myself with charity and love.

***(28) Above all else I want to see differently.***

4. The world I see holds my fearful self-image in place, and guarantees its continuance. While I see the world as I see it now, truth cannot enter my awareness. I would let the door behind this world be opened for me that I may look past it to the world that reflects the Love of God.

***(29) God is in everything I see.***

5. Behind every image I have made, the truth remains unchanged. Behind every veil I have drawn across the face of love, its light remains undimmed. Beyond all my insane wishes is my will united with the Will of my Father. God is still everywhere and in everything forever. And we who are part of Him will yet look past all appearances and recognise the truth beyond them all.

***(30) God is in everything I see because God is in my mind.***

6. In my own mind, behind all my insane thoughts of separation and attack, is the knowledge that all is one forever. I have not lost the knowledge of who I am because I have forgotten it. It has been kept from me in the Mind of God, Who has not left His Thoughts. And I, who am among them, am one with them and one with Him.