

## A Course in Miracles – Lesson 243

***Today I will judge nothing that occurs.***

<sup>1</sup> I will be honest with myself today. I will not think that I already know what must remain beyond my present grasp. I will not think I understand the whole from bits of my perception, which are all that I can see. Today I recognize that this is so. And so I am relieved of judgment which I cannot make. Thus do I free myself and what I look upon, to be in peace as God created us.

<sup>2</sup> *Father, today I leave creation free to be itself. I honor all the parts, in which I am included. We are one because each part contains Your memory, and truth must shine in all of us as one.*