

A Course in Miracles - Lesson 210

***I am not a body. I am free.
For I am still as God created me.***

[190] *I choose the joy of God instead of pain.*

Pain is my own idea. It is not
a thought of God, but one I thought apart
from Him and from His Will. His Will is joy
and only joy for His beloved Son.
And that I choose instead of what I made.